


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Cafeteria Information
8/1/22	8/2/22	8/3/22	8/4/22	8/5/22	Breakfast Breakfast Choice of one Entrée Item Featured on Menu OR Cereal, Cereal Bar w/ Cheese Stick Choose One Side Assorted Fruits Choose One White or Chocolate Milk
8/8/22	8/9/22	8/10/22	8/11/22	8/12/22	Lunch RVH Lunch Students must select at least one fruit or vegetable and two other menu items. Students may select all of the items on the featured menu. * GMS / GHS Lunch Choice of one Entrée Main Line - Select one Entrée from Featured Menu. Alt. Line - Rotates Daily (Choice of Chicken Sandwich, Trojan Burger, Pizza, BBQ Rib on a Bun or Crisпитos) Cold Deli Line - All items Offered Daily: Chef Salad Variety Strawberry or Blueberry Yogurt Parfait Cubed Cheese, Grape & Cracker Cups Ham or Turkey Sandwich w/ Doritos * Choose up to Three Sides Side Salad, Assorted Fresh Fruit, Assorted Canned Fruit, Featured Vegetables, Grains & Desserts * Choose One White or Chocolate Milk
		"This institution is an equal opportunity provider and employer."	Eat 1/2 cup of fruits and vegetables with every meal! 	Chicken Wrap w/ (Chipotle 6-12) Ranch, Green Leaf Lettuce, Tomato, Cheese, Ranch, Baked Beans, Fresh Grapes, Rice Krispy Treat * (6-12th) Chef Salad, Fruit & Cold Deli Line, Chef's Choice	
8/15/22	8/16/22	8/17/22	8/18/22	8/19/22	
Chicken Nuggets, Waffle Fries, Fresh Broccoli Florets w/ Ranch, Tropical Fruit, Hot Roll w/ Jelly * 6-12th Chef Salad, Fruit & Cold Deli Line, Trojan Burger	Frito Chili Pie Beef L,T, Cheese, Corn, Salsa, Pineapple Chunks * 6-12th Chef Salad, Fruit & Cold Deli Line "Chicken & a Bun" Line	BBQ Rib on a Bun, Tater Tots, Romaine Salad, Sliced Peaches, Apple Crisp * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line	Salisbury Steak, Mashed Potatoes w/ Gravy, Steamed Peas, Hot Roll, Fruit Cocktail * (6-12th) Chef Salad, Fruit & Cold Deli Line Mexican Line	Cheese Pizza, Green Beans, Fresh Cucumber w/ Ranch, Pineapple Chunks, Oatmeal Cookie * (6-12th) Chef Salad, Fruit & Cold Deli Line Chef's Choice	
8/22/22	8/23/22	8/24/22	8/25/22	8/26/22	
Grilled Chicken Sandwich, L,T, Mayo, Seasoned Potato Wedges, Corn, Sliced Pineapple * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Trojan Burger	Beef Tacos, L, T, Cheese, Lime & Cilantro (6-12) Salsa, Rice, Black Beans, Clementine, Chocolate Brownie * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, "Chicken & a Bun" Line	Hot Ham & Cheese Sandwich, L,T, Mayo, Doritos Corn Chips, Carrot & Celery Sticks, Fresh Apple, Sugar Cookie * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Italian Line	Chicken Parmesan Penne Pasta, Romaine Salad w/ Dressing, Steamed Broccoli, Garlic Breadstick, Diced Pears * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, BBQ Line	Popcorn Chicken, French Fries, Cucumber w/ Ranch, Biscuit w/ Honey, Fresh Fruit Salad * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Chef's Choice	
8/29/22	8/30/22	8/31/22			
Cheese Crisпитos, Refried Beans, Rice, Salsa, Fresh Orange * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, "Chicken & a Bun" Line	Chicken Strips, Au Gratin Potatoes, Green Beans, Hot Roll w/ Jelly, Fresh Pear * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Trojan Burger	Trojan Burger, Green Leaf Lettuce, Sliced Tomato,, Curly Fries, Corn on the Cob, Fresh Grapes, Choc. Chip Cookie * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Italian Line	Fill out an application online today for free and reduced price meal benefits at www.girard248.org under the Food Service tab.		

This Menu is Subject to Change Without Notice